



# February 2018

**Daily Breakfast Meal Includes:**  
 1% White Milk, Fat Free Chocolate  
 100% Fruit Juice  
 Canned, Dried OR Fresh Fruit  
 All Bread items are Whole Grain

**Adult Breakfast--\$2.50**  
**Paid Breakfast--\$1.75**  
**Extra Milk--\$0.50**  
**Reduced Breakfast--\$0.30**

Menus subject to change based on availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Special Announcements:</b>  <b>Feb 19 – President’s Day No School</b>  <b>Feb 20 – National Muffin Day</b>  <b>Feb 21 – National Sticky Bun Day</b>				Biscuits & Sausage Gravy OR Cereal	Breakfast Pizza OR Cereal	
	Muffin & Yogurt OR Cereal & Yogurt	Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	Mini Cinnis OR Smoothie OR Cereal	French Toast & Sausage OR Pancake on a Stick OR Cereal w/Yogurt	Cinnamon Roll OR Hot Oatmeal OR Cereal & Yogurt	
	Pop Tart & Yogurt OR Cereal W/Yogurt	Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	Mini Pancakes & Sausage OR Parfait OR Cereal	Breakfast Casserole OR Taco Wrap OR Cereal W/Yogurt	Breakfast Pizza OR Cereal	
	No School	Muffin & Yogurt OR Cereal & Yogurt	Sticky Buns OR Smoothie OR Cereal	French Toast & Sausage OR Pancake on a Stick OR Cereal w/Yogurt	Cinnamon Roll OR Hot Oatmeal OR Cereal & Yogurt	
	Pop Tart & Yogurt OR Cereal W/Yogurt	Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	Mini Pancakes & Sausage OR Parfait OR Cereal	<b>--LONE OAK ISD--            High School            BREAKFAST</b>		