



January 2018

Daily Breakfast Meal Includes:
 1% White Milk, Fat Free Chocolate
 100% Fruit Juice
 Canned, Dried OR Fresh Fruit
 All Bread items are Whole Grain

Adult Breakfast--\$2.50
Paid Breakfast--\$1.75
Extra Milk--\$0.50
Reduced Breakfast--\$0.30

Menus subject to change based on availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Announcements:						
Jan 1-8—Christmas/ New Year's Break No School	1 No School	2 No School	3 No School	4 No School	5 No School	6
Jan 12 –Glazed Donut Day	8 No School	9 Muffin & Yogurt OR Cereal & Yogurt	10 Mini Cinnis OR Smoothie OR Cereal	11 French Toast & Sausage OR Pancake on a Stick OR Cereal w/Yogurt	12 Glazed Yeast Donuts OR Hot Oatmeal OR Cereal &Yogurt	13
Jan 15 –MLK Day No School	15 No School	16 Pop Tart & Yogurt OR Cereal W/Yogurt	17 Mini Pancakes & Sausage OR Parfait OR Cereal	18 Breakfast Casserole OR Taco Wrap OR Cereal W/Yogurt	19 Breakfast Pizza OR Cereal	20
Jan 31 –Hot Chocolate Day	22 Muffin & Yogurt OR Cereal & Yogurt	23 Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	24 Mini Cinnis OR Smoothie OR Cereal	25 French Toast & Sausage OR Pancake on a Stick OR Cereal w/Yogurt	26 Cinnamon Roll OR Hot Oatmeal OR Cereal &Yogurt	27
	29 Pop Tart & Yogurt OR Cereal W/Yogurt	30 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	31 Mini Pancakes & Sausage OR Parfait OR Cereal Hot Chocolate	--LONE OAK ISD-- High School BREAKFAST		