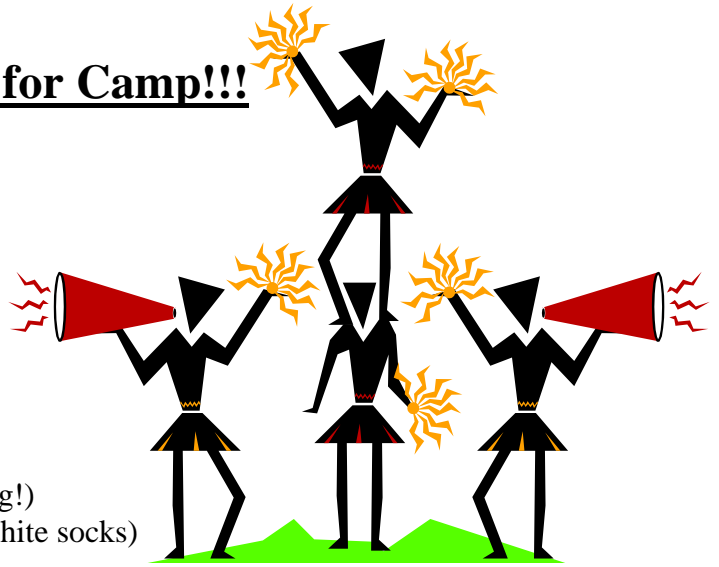


Things to pack for Camp!!!

- ___ A SMILE! 😊
- ___ Cheer Backpack
- ___ Water bottle
- ___ Medication
- ___ Sunscreen (we will be outside some)
- ___ Soap
- ___ Face Wash
- ___ Make-up (for cheer presentations)
- ___ Panties/bras (remember, we will be sweating!)
- ___ Socks (cheer socks and 3 pair of no show white socks)
- ___ PJ's
- ___ Nude Sports bra (for uniform)
- ___ Toothbrush/Toothpaste
- ___ Shampoo/Conditioner
- ___ Hair Dryer, curling iron, straightener, etc...
- ___ Brush/comb/etc...
- ___ hair ribbons/scrunchies/hair ties
- ___ Hairspray
- ___ Cheer Shoes (very clean)
- ___ Razor
- ___ Shaving Cream
- ___ Deodorant
- ___ Personal "monthly" items
- ___ Extra money (UCA store, Starbucks, snacks) Most girls bring \$50-75
- ___ Cell phone and charger
- ___ Snacks/drinks (if you want to nibble)
- ___ extra t-shirts/shorts (for down time)
- ___ Cheer Uniform (skirt, shell, nude bra, briefs, shoes, socks, and bow)
- ___ ALL camp clothes (3 shirts, 3 shorts, no show white socks, bows)
- ___ Mini-fan (extra batteries or extension cord) Optional
- ___ Neck Coolers - optional
- ___ Folder to put cheer paperwork in/pen
- ___ Age Appropriate Swimsuit (for nights off)
- ___ Flip Flops
- ___ Beach Towel
- ___ St. Jude Letters (addressed and ready to turn in)
- ___ 5-6 small notes with candy to hand out to cheerleaders from other districts
- ___ Outfit for Day 3 PEP RALLY (Circus in the Stands) (optional but most participate)



*****IT IS VERY IMPORTANT THAT YOU PUT
YOUR NAME ON ALL ITEMS*****

**EVERYTHING SHOULD FIT IN ONE CARRYON PIECE OF
LUGGAGE OR LARGE ATHLETIC BAG**