

--LONE OAK ISD--
Elementary/Middle School
BREAKFAST

Special Announcements:

Oct 6 - Early Release

Oct 9 – Columbus Day

No School

**Oct 9-13 National School
Lunch Week**

Daily Breakfast Meal

Includes:

1% White Milk, Fat Free Chocolate

100% Fruit Juice

Canned, Dried OR Fresh Fruit

All Bread items are Whole Grain

Adult Breakfast--\$2.50

Paid Breakfast--\$1.75

Extra Milk--\$0.50

Reduced Breakfast--\$0.30

Menus subject to change based on availability

October
2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25 Cinnamon Roll OR Cereal W/Yogurt	26 Skillet Omelet & Tortilla OR Cereal	27 Kolache OR Cereal W/Yogurt	28 Mini Pancakes & Sausage OR Cereal	29 Breakfast Pizza OR Cereal	30 Do some star gazing	01 Pack a picnic lunch
02 Muffin & Yogurt OR Cereal & Yogurt	03 Eggstravaganza & Tortilla OR Cereal	04 Parfait OR Cereal	05 French Toast Sticks & Sausage OR Cereal w/Yogurt	06 Pop Tart OR Cereal	07 Make your own bubbles and blow them	08 Pack a picnic lunch
09 No School	10 Skillet Omelet & Tortilla OR Cereal	11 Kolache OR Cereal W/Yogurt	12 Mini Pancakes & Sausage OR Cereal	13 Breakfast Pizza OR Cereal	14 Family History Month Trace your Tree	15 Collect Some Stamps
16 Muffin & Yogurt OR Cereal & Yogurt	17 Eggstravaganza & Tortilla OR Cereal	18 Parfait OR Cereal	19 French Toast Sticks & Sausage OR Cereal w/Yogurt	20 Pop Tart OR Cereal	21 Go Roller-skating	22 Make Pizza for Dinner
23 Cinnamon Roll OR Cereal W/Yogurt	24 Skillet Omelet & Tortilla OR Cereal	25 Kolache OR Cereal W/Yogurt	26 Mini Pancakes & Sausage OR Cereal	27 Breakfast Pizza OR Cereal	28 Family Movie Night	29 Save Energy Turn out the Lights
30 Muffin & Yogurt OR Cereal & Yogurt	31 Eggstravaganza & Tortilla OR Cereal	01 Parfait OR Cereal	02 French Toast Sticks & Sausage OR Cereal w/Yogurt	03 Pop Tart OR Cereal	04 Try a New Variety Apple Toady	05 Pop Some Popcorn

--LONE OAK ISD--

Elementary/Middle School BREAKFAST

Special Announcements:

Nov 11 – Veteran’s Day

Nov 15 – National Raisin Bran Day

Nov 20-24 – Thanksgiving Break
No School

Daily Breakfast Meal

Includes:

1% White Milk, Fat Free Chocolate

100% Fruit Juice

Canned, Dried OR Fresh Fruit

All Bread items are Whole Grain

Adult Breakfast--\$2.50

Paid Breakfast--\$1.75

Extra Milk--\$0.50

Reduced Breakfast--\$0.30

Menus subject to change based on availability

November 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 Muffin & Yogurt OR Cereal & Yogurt	31 Eggstravaganza & Tortilla OR Cereal	01 Parfait OR Cereal	02 French Toast Sticks & Sausage OR Cereal w/Yogurt	03 Pop Tart OR Cereal	04 Try a New Variety Apple Toady	05 Pop Some Popcorn
06 Cinnamon Roll OR Cereal W/Yogurt	07 Skillet Omelet & Tortilla OR Cereal	08 Kolache OR Cereal W/Yogurt	09 Mini Pancakes & Sausage OR Cereal	10 Breakfast Pizza OR Cereal	11 Veteran’s Day	12 Enjoy Fall Pick Some Leaves
13 Muffin & Yogurt OR Cereal & Yogurt	14 Eggstravaganza & Tortilla OR Cereal	15 Parfait OR Cereal	16 French Toast Sticks & Sausage OR Cereal w/Yogurt	17 Pop Tart OR Cereal	18 Practice Fire Safety at Home	19 Watch the Polar Express
20 No School	21 No School	22 No School	23 No School Happy Thanksgiving Day	24 No School	25 Have a Hot Dog Roast and Drink Cocoa	26 Play Flashlight Tag
27 Cinnamon Roll OR Cereal W/Yogurt	28 Skillet Omelet & Tortilla OR Cereal	29 Kolache OR Cereal W/Yogurt	30 Mini Pancakes & Sausage OR Cereal	01 Breakfast Pizza OR Cereal	02 Bake some Cookies	03 Go on a Driving Scavenger Hunt
04 Muffin & Yogurt OR Cereal & Yogurt	05 Eggstravaganza & Tortilla OR Cereal	06 Parfait OR Cereal	07 French Toast Sticks & Sausage OR Cereal w/Yogurt	08 Pop Tart OR Cereal	09 Craft a Gift for a Neighbor	10 Pound Some Clay

**--LONE OAK ISD--
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BREAKFAST**



Special Announcements:

**Dec 22 – Early Release
Dec 25-29 – Christmas Break
Jan 1-5 –New Year Break
No School**

**Daily Breakfast Meal
Includes:
1% White Milk, Fat Free Chocolate
100% Fruit Juice
Canned, Dried OR Fresh Fruit
All Bread items are Whole Grain**

**Adult Breakfast--\$2.50
Paid Breakfast--\$1.75
Extra Milk--\$0.50
Reduced Breakfast--\$0.30**

Menus subject to change based on availability

**December
2017**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27 Cinnamon Roll OR Cereal W/Yogurt	28 Skillet Omelet & Tortilla OR Cereal	29 Kolache OR Cereal W/Yogurt	30 Mini Pancakes & Sausage OR Cereal	01 Breakfast Pizza OR Cereal	02 Bake some Cookies	03 Go on a Driving Scavenger Hunt
04 Muffin & Yogurt OR Cereal & Yogurt	05 Eggstravaganza & Tortilla OR Cereal	06 Parfait OR Cereal	07 French Toast Sticks & Sausage OR Cereal w/Yogurt	08 Pop Tart OR Cereal	09 Make a Card for a Friend	10 Donate Your Unused Toys to a Charity
11 Cinnamon Roll OR Cereal W/Yogurt	12 Skillet Omelet & Tortilla OR Cereal	13 Kolache OR Cereal W/Yogurt	14 Mini Pancakes & Sausage OR Cereal	15 Breakfast Pizza OR Cereal	16 Read a Book Together	17 Practice Writing Today
18 Muffin & Yogurt OR Cereal & Yogurt	19 Eggstravaganza & Tortilla OR Cereal	20 Parfait OR Cereal	21 French Toast Sticks & Sausage OR Cereal w/Yogurt	22 Pop Tart OR Cereal	23 Make Paper Snowflakes	24 Have a Lego Tower Building Contest
25 Merry Christmas! No School	26 No School	27 No School	28 No School	29 No School	30 Arrange a Play Date with a Friend	31 Make a Joyful Noise Today
01 Happy New Year! No School	02 No School	03 No School	04 No School	05 No School	06 Visit the Public Library	07 See if Your Apple Seeds Will Grow