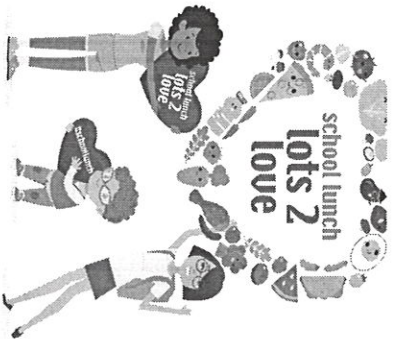


Menus for February 2019

Lone Oak ISD Middle/High School Lunch



Friday, February 1

Cheese Burger
Chili Dog
Baby Bakers
Lettuce/Tomato/Pickle
Strawberries w/Topping
Apple slices
Ketchup/Mustard

Served Daily

Grab n Go meals
Variety Ala Carte items

Served Daily

1% White Milk
F/F Chocolate
F/F Strawberry

Monday, February 4

Pepperoni Primo Pizza
American Beef Macaroni
Steamed Broccoli
Carrot Sticks
Sliced Pears
Juice Alive
Breadstick
Ranch Cup

Tuesday, February 5

Tangerine Chicken w/Rice
Corn Dog
Oriental Blend
Gold Rush Juice
Mandarin Oranges
Raisels
Keelber Cookies
Ketchup/Mustard/Ranch

Wednesday, February 6

BBQ Beef on Bun
Chicken Quesadilla
Pinto Beans
Lettuce/Diced Tomato
Orange Smiles
Pineapple w/Cherries
Pico de Gallo Cup/ Sour Cream

Thursday, February 7

Chicken Fried Steak
Chicken Tenders
Mashed Potatoes & Gravy
Green Beans
Cherries w/ Topping
Banana
Roll
Ketchup/Honey/Mustard/Honey/Butter

Friday, February 8

Bacon Cheeseburger
Chicken Patty on Bun
Fries
Lettuce/Tomato/Pickle
Apple Slices
Peaches
Ranch cup/ Honey Mustard

Monday, February 11

4x6 Pepperoni Pizza
Ravioli
Fresh Mix Salad
Fresh Carrot Sticks
Sliced Pears
Side Kick
Breadstick
Ranch Cup

Tuesday, February 12

Cheesy Chicken w/Rice
Chicken Nuggets
Fresh Spinach Salad
Gold Rush Juice
Rosy Applesauce
Raisels,
Keelber Cookies
Ranch/Ketchup/BBQ Sauce

Wednesday, February 13

Mini Tacos
Crispetos w/Cheese Stick
Refried Beans
Corn
Orange Smiles
Apple Crisp
Salsa/Sour Cream

Thursday, February 14

Beef Tips /Gravy Bowl
Beef Fingers
Mashed Potatoes & Gravy
Mixed Vegetables
Strawberries w/Topping
Peaches
Chocolate Pudding
Roll
Ketchup/BBQ Sauce
Honey and Butter

Friday, February 15

No School!

Monday, February 18

No School!

Tuesday, February 19

Chicken Spaghetti
Chicken Drumsticks
Fresh Broccoli w/Ranch
Goldrush Juice
Orange Smiles
Raisels
Breadsticks

Wednesday, February 20

Nacho
Burrito w/sauce
Black Beans
Lettuce/Diced Tomato
Banana
Pineapple w/Cherries
Fresh Baked Cookie
Salsa/Sour Cream/Jalapeno

Thursday, February 21

Popcorn Chicken Bowl
Fish Sticks
Mashed Potatoes & Gravy
Corn
Rosy Applesauce
Peaches
Roll
BBQ Sauce/Tartar Sauce
Honey and Butter

Friday, February 22

Cheese Burger
Chili Dog
Baby Bakers
Lettuce/Tomato/Pickle
Strawberries w/Topping
Apple slices
Ketchup/Mustard

Monday, February 25

Pepperoni Primo Pizza
American Beef Macaroni
Steamed Broccoli
Carrot Sticks
Sliced Pears
Juice Alive
Breadstick
Ranch Cup

Tuesday, February 26

Tangerine Chicken w/Rice
Corn Dog
Oriental Blend
Gold Rush Juice
Mandarin Oranges
Raisels
Keelber Cookies
Ketchup/Mustard/Ranch

Wednesday, February 27

BBQ Beef on Bun
Chicken Quesadilla
Pinto Beans
Lettuce/Diced Tomato
Orange Smiles
Pineapple w/Cherries
Pico de Gallo Cup/ Sour Cream

Thursday, February 28

Chicken Fried Steak
Chicken Tenders
Mashed Potatoes & Gravy
Green Beans
Cherries w/ Topping
Banana
Roll
Ketchup/Honey/Mustard/Honey/Butter

Adult Lunch-\$3.75
Paid Student Lunch-\$3.00
Reduced Student Lunch- \$40
Extra Milk- \$.50

Menu subject to change due to availability.

This product was funded by USDA.
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