

**--LONE OAK ISD--**  
**High School**  
**BREAKFAST**

**Special Announcements:**

**Oct 6 - Early Release**

**Oct 9 – Columbus Day**

**No School**

**Oct 9-13 National School  
Lunch Week**

**Daily Breakfast Meal**

**Includes:**

**1% White Milk, Fat Free Chocolate**

**100% Fruit Juice**

**Canned, Dried OR Fresh Fruit**

**All Bread items are Whole Grain**

**Adult Breakfast--\$2.50**

**Paid Breakfast--\$1.75**

**Extra Milk--\$0.50**

**Reduced Breakfast--\$0.30**

Menus subject to change based on availability

**October**  
**2017**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	01
02 Muffin & Yogurt OR Cereal & Yogurt	03 Eggstravaganza & Tortilla OR Bagel & Cream Cheese OR Cereal	04 Mini Cinnis OR Smoothie OR Cereal	05 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	06 Cinnamon Roll OR Cereal &Yogurt	07	08
09 No School	10 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	11 Mini Pancakes & Sausage OR Parfait OR Cereal	12 Kolache OR Taco Wrap OR Cereal W/Yogurt	13 Breakfast Pizza OR Cereal	14	15
16 Muffin & Yogurt OR Cereal & Yogurt	17 Eggstravaganza & Tortilla OR Bagel & Cream Cheese OR Cereal	18 Mini Cinnis OR Smoothie OR Cereal	19 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	20 Cinnamon Roll OR Cereal &Yogurt	21	22
23 Pop Tart & Yogurt OR Cereal W/Yogurt	24 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	25 Mini Pancakes & Sausage OR Parfait OR Cereal	26 Kolache OR Taco Wrap OR Cereal W/Yogurt	27 Breakfast Pizza OR Cereal	28	29
30 Muffin & Yogurt OR Cereal & Yogurt	31 Eggstravaganza & Tortilla OR Bagel & Cream Cheese OR Cereal	01 Mini Cinnis OR Smoothie OR Cereal	02 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	03 Cinnamon Roll OR Cereal &Yogurt	04	05

--LONE OAK ISD--

**High School  
BREAKFAST**

**Special Announcements:**

Nov 11 – Veteran’s Day  
Nov 15 – National Raisin Bran Day  
Nov 20-24 – Thanksgiving Break  
No School

**Daily Breakfast Meal  
Includes:**  
1% White Milk, Fat Free Chocolate  
100% Fruit Juice  
Canned, Dried OR Fresh Fruit  
All Bread items are Whole Grain

**Adult Breakfast--\$2.50  
Paid Breakfast--\$1.75  
Extra Milk--\$0.50  
Reduced Breakfast--\$0.30**

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**November  
2017**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	01 Mini Cinnis OR Smoothie OR Cereal	02 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	03 Cinnamon Roll OR Hot Oatmeal OR Cereal & Yogurt	04	05
06 Pop Tart & Yogurt OR Cereal W/Yogurt	07 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	08 Mini Pancakes & Sausage OR Parfait OR Cereal	09 Kolache OR Taco Wrap OR Cereal W/Yogurt	10 Breakfast Pizza OR Cereal	11	12
13 Muffin & Yogurt OR Cereal & Yogurt	14 Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	15 Mini Cinnis OR Smoothie OR Cereal Raisin Bran Tool!	16 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	17 Cinnamon Roll OR Hot Oatmeal OR Cereal & Yogurt	18	19
20 No School	21 No School	22 No School	23 Happy Thanksgiving! No School	24 No School	25	26
27 Pop Tart & Yogurt OR Cereal W/Yogurt	28 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	29 Mini Pancakes & Sausage OR Parfait OR Cereal	30 Kolache OR Taco Wrap OR Cereal W/Yogurt	01 Breakfast Pizza OR Cereal	02	03
04 Muffin & Yogurt OR Cereal & Yogurt	05 Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	06 Mini Cinnis OR Smoothie OR Cereal	07 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	08 Cinnamon Roll OR Hot Oatmeal OR Cereal & Yogurt	09	10



**--LONE OAK ISD--  
High School  
BREAKFAST**

**Special Announcements:**

**Dec 22 – Early Release**  
**Dec 25-29 – Christmas Break**  
**Jan 1-5 –New Year Break**  
**No School**

**Daily Breakfast Meal**  
**Includes:**  
**1% White Milk, Fat Free Chocolate**  
**100% Fruit Juice**  
**Canned, Dried OR Fresh Fruit**  
**All Bread items are Whole Grain**

**Adult Breakfast--\$2.50**  
**Paid Breakfast--\$1.75**  
**Extra Milk--\$0.50**  
**Reduced Breakfast--\$0.30**

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**December**  
**2017**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	01 Breakfast Pizza OR Cereal	02	03
04 Muffin & Yogurt OR Cereal & Yogurt	05 Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	06 Mini Cinnis OR Smoothie OR Cereal	07 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	08 Cinnamon Roll OR Hot Oatmeal OR Cereal &Yogurt	09	10
11 Pop Tart & Yogurt OR Cereal W/Yogurt	12 Skillet Omelet & Tortilla OR Powdered Donut OR Cereal	13 Mini Pancakes & Sausage OR Parfait OR Cereal	14 Kolache OR Taco Wrap OR Cereal W/Yogurt	15 Breakfast Pizza OR Cereal	16	17
18 Muffin & Yogurt OR Cereal & Yogurt	19 Eggstravaganza, Tots & Tortilla OR Bagel & Cream Cheese OR Cereal	20 Mini Cinnis OR Smoothie OR Cereal	21 French Toast Sticks & Sausage OR Pancake on Stick OR Cereal w/Yogurt	22 Cinnamon Roll OR Hot Oatmeal OR Cereal &Yogurt	23	24
25 Merry Christmas! No School	26 No School	27 No School	28 No School	29 No School	30	31
01 Happy New Year! No School	02 No School	03 No School	04 No School	05 No School	06	07