



August 2018



Daily Breakfast Meal

Includes:
 1% White Milk, Fat Free Chocolate
 100% Fruit Juice
 Canned, Dried OR Fresh Fruit
 All Bread items are Whole Grain

Adult Breakfast--\$2.50
 Paid Breakfast--\$1.75
 Extra Milk--\$0.50
 Reduced Breakfast--\$0.30

Menus subject to change based on availability.

--LONE OAK ISD-- High School BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Announcements: August 2018 - Welcome Back!	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
Pop Tart & Yogurt OR Cereal w/Yogurt	Muffin & Yogurt OR Cereal & Yogurt	Eggstravaganza OR Bagel & Cream Cheese OR Cereal	Mini Cinnis OR Smoothie OR Cereal	French Toast & Sausage OR Pancake on a Stick OR Cereal w/Yogurt	Cinnamon Roll OR Cereal & Yogurt	
27	28	29	30	31		
Skiller Omelet & Tortilla OR Powdered Donut OR Cereal	Mini Pancake & Sausage OR Parfait OR Cereal	Sausage Biscuit OR Taco Wrap OR Cereal w/Yogurt	Breakfast Pizza OR Cereal			



TEXAS DEPARTMENT OF AGRICULTURE
 COMMISSIONER SID MILLER



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