

Menus for October 2018

Lone Oak ISD Middle School Lunch

Monday, October 1	Tuesday, October 2	Wednesday, October 3	Thursday, October 4	Friday, October 5
American Beef Macaroni Steamed Broccoli Carrot Sticks Sliced Pears Juice Alive Breadstick Ranch Cup	Tangerine Chicken w/Rice Corn Dog Fresh Spinach Salad Gold Rush Juice Mandarin Oranges Raisels Ketchup/Mustard/Ranch	Chicken Fajita w/ Tortilla Chicken Quesadilla Pinto Beans Lettuce/Diced Tomato Orange Smiles Pineapple w/Cherries Salsa Cup/ Sour Cream/ Cheese Cup	Chicken Fried Steak Chicken Tenders Mashed Potatoes & Gravy Green Beans Cherries w/Topping Banana Roll Ketchup/Honey Mustard/Honey/Butter	Hot Pocket Chicken Patty on Bun Fries Cucumbers/Grape Tomato Apple Slices Peaches Ranch Cup/Honey Mustard Cup
NO SCHOOL!	Tator Tot Casserole Chicken Nuggets Fresh Spinach Salad Gold Rush Juice Rosy Applesauce Raisels, Keibler Cookies Ranch/Ketchup/BBQ Sauce	Mini Tacos Crispetos w/Cheese Stick Black Beans Corn Orange Smiles Pineapple w/Cherries Salsa Cup/Sour Cream	Poppom Chicken Beef Fingers Mashed Potatoes & Gravy Mixed Vegetables Blueberries w/Topping Peaches Roll Ketchup/BBQ Sauce Honey and Butter	Turkey/Cheese on Bun Cheese Burger Lettuce/Tomato/Pickle Lays Bakes Potato Chips Grapes Apple Slices Ketchup/Mustard/Mayo
Monday, October 15	Tuesday, October 16	Wednesday, October 17	Thursday, October 18	Friday, October 19
Stuffed Crust Pizza Lasagna Rolls Fresh Mixed Salad Fresh Carrot Sticks Sliced Pears Sidekick Breadstick Ranch Cup	Chicken Alfredo Hot & Spicy Chicken Patty on Bun Fresh Broccoli Goldrush Juice Fresh Watermelon Raisels, Ranch / Honey Mustard	Nacho Burrito w/or w/out sauce Refried Beans Lettuce/Diced Tomato Orange Smiles Pineapple Tidbits w/Cherries Salsa Cup/Sour Cream/Jalapeno	Chicken Nuggets Fish Sticks Mashed Potatoes & Gravy California Blend Rosy Applesauce Banana Roll BBQ Sauce/Tartar Sauce Honey and Butter	Cheese Burger Crispetos w/ Cheese Stick Fries Lettuce/Tomato/Pickle Strawberries w/Topping Apple Slices Ketchup/Mustard/Salsa
Monday, October 22	Tuesday, October 23	Wednesday, October 24	Thursday, October 25	Friday, October 26
6' round Pizza American Beef Macaroni Steamed Broccoli Carrot Sticks Sliced Pears Juice Alive Breadstick Ranch Cup	Tangerine Chicken w/Rice Corn Dog Fresh Spinach Salad Gold Rush Juice Mandarin Oranges Raisels Ketchup/Mustard/Ranch	Chicken Fajita w/ Tortilla Chicken Quesadilla Pinto Beans Lettuce/Diced Tomato Orange Smiles Pineapple w/Cherries Salsa Cup/ Sour Cream/ Cheese Cup	Chicken Fried Steak Chicken Tenders Mashed Potatoes & Gravy Green Beans Cherries w/Topping Banana Roll Ketchup/Honey Mustard/Honey/Butter	Hot Pocket Chicken Patty on Bun Fries Cucumbers/Grape Tomato Apple Slices Peaches Ranch Cup/Honey Mustard
Monday, October 29	Tuesday, October 30	Wednesday, October 31	Served Daily	
4x6 Pepperoni Pizza Spaghetti w/Meat sauce Fresh Mix Salad Fresh Carrot Sticks Sliced Pears Juice Alive Breadstick Ranch Cup	Tator Tot Casserole Chicken Nuggets Fresh Spinach Salad Gold Rush Juice Rosy Applesauce Raisels, Keibler Cookies Ranch/Ketchup/BBQ Sauce	Mini Tacos Crispetos w/Cheese Stick Black Beans Corn Orange Smiles Pineapple w/Cherries Salsa Cup/Sour Cream	1% White Milk FF Chocolate Milk FF Strawberry Milk	



Menu subject to change due to availability.

Adult Lunch—\$ 3.75 Paid Student Lunch \$ 3.00 Reduced Student Lunch \$.40

This product was funded by USDA.
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